

## Mental Health Providers

The Harbor Behavioral Health  
Care Institute, Inc. (West Side)  
8132 King Helie Blvd.  
New Port Richey, FL 34656  
(727) 834-3959

Youth and Family Alternatives, Inc.  
(West Side)  
7524 Plathe Road  
New Port Richey, FL 34653  
(727) 835-4166

Lifespan Services, Inc. (West Side)  
5207 Trouble Creek Rd.  
New Port Richey, FL 34652  
(727) 847-0069

New Tampa Psychological Services  
Tsila Abush-Kirsh, Ph.D.  
15310 Amberly Dr.  
Suite 250-21  
Tampa, FL 33647  
(813) 312-1005

SequelCare of Florida  
7621 Little Rd Suite 200D  
New Port Richey, FL 34652  
(727) 494-7609  
(Provides service on East and West  
side of the county)

The Harbor Behavioral Health  
Care Institute, Inc. (East Side)  
Doris Cook Counseling Center  
14527 7th St  
Dade City, FL 33523  
(352) 521-1474

Youth and Family Alternatives, Inc.  
(East Side)  
38022 River Road  
Dade City, FL 33525  
(352) 523-5020

Lifespan Services, Inc. (East Side)  
36739 SR 52, Ste 213  
Dade City, FL 33525  
1 (866) 314-0482

PPi-Prevention Projects, Inc.  
13743 U.S. 98 By Pass  
Dade City, FL 33525  
(352) 523-0024

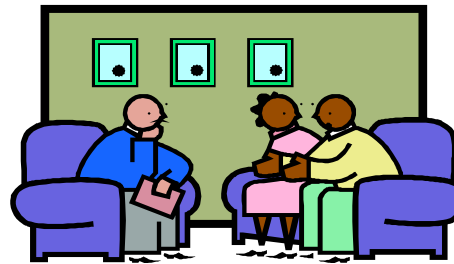
Premier Community HealthCare  
Group, Inc.  
14077 Fifth Street  
Dade City, FL 33525  
(352) 518-2000

Dr. Dorothy Lekarczyk  
38104 Meridian Ave.,  
Suite 120  
Dade City, FL 33525  
(352) 567-6700

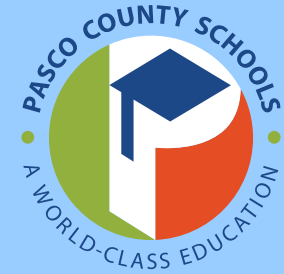
**In case of a Crisis Situation  
Call 911**

**Suicide Prevention Hotline  
1 – 800 – 273 – TALK**

**RESOURCES**  
**ACCESS Florida**  
**[dcf.state.fl.us/ess/](http://dcf.state.fl.us/ess/)**  
**Florida KidCare**  
**1 – 888 – 540 – 5437**  
**[Floridakidcare.org](http://Floridakidcare.org)**



**District School Board of Pasco County**  
7227 Land O' Lakes Boulevard • Land O' Lakes,  
FL 34638



## **COUNSELING REFERRALS**

*Our vision is to create a community  
which works together so all Pasco  
County students will reach their  
highest potential.*

**District School Board  
of Pasco County**

Tel:

# First Steps...

You have received a referral for mental health services from your school. The intent of this referral is to help intervene so that your child can be most successful in school. Mental health services may include a psychosocial assessment, individual or group counseling, and/or medical management. In order for this referral to be most effective this pamphlet has been developed to help you know what to expect in this process.

Following persons may provide mental health services for your child/family:

- Psychiatrist, MD
- Clinical Psychologist, PhD.
- Licensed Clinical Social Worker (LCSW)
- Licensed Marriage & Family Therapist (LMFT)
- Licensed Mental Health Counselor (LMHC)

\* A counseling referral is designed to assist families that may not have insurance coverage for mental health services.

\* The parent/guardian needs to sign both the referral and release forms where indicated, and return the completed copies to the School Social Worker. This will allow the mental health professional to communicate with the school personnel.

\* The signed referral is sent to the District School Board of Pasco County Student Services Department for approval. In case of an urgent need to expedite an appointment a copy may be faxed to the provider.

\* Under normal circumstances you should allow a week for processing before calling the provider to schedule an appointment.

\* Should you have difficulty in scheduling your appointment please contact your School Social Worker:

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*Reaching out for help is never easy*

*Counseling is an effective way to deal with behavioral issues, developmental changes, trauma that your child may have experienced. It is important to participate fully in the counseling process and keep all scheduled appointments.*

*This way your child can take full advantage of the counseling service being offered.*

*It is important to know that you are not alone*