Attention Parents

Feeling stressed?

Need help getting your kids to cooperate and be responsible?



FREE Active Parenting Classes Can Help

We're bringing the Active Parenting Program directly to you!

This workshop will show you effective ways to:

- Use non-violent discipline techniques that work
- Improve communication with your children
- Teach responsibility and other important values
- Handle problems as they come up
- Cope with difficult topics such as drugs, violence, and sex
- Defuse power struggles with your children
- Stimulate independence as your child grows older
- Encourage your children to be their very best!

Who should attend?

- \bullet Parents \bullet Grandparents \bullet Guardians
 - ◆Childcare Providers ◆Teachers

Make your reservations now!

Call Shannon Hill at 727-774-2630, 813-794-2630 or 352-524-2630

Active Parenting for Teens (ages 12-18)

Classes will take place at the following location:

Paul R. Smith Middle School

Media Center

1410 Sweetbriar Drive Holiday, FL 34691 For directions call: (727) 246-3200

March 6, 2013 through April 17, 2013

Classes meet on **Wednesday evenings** from **6:00 p.m.** to **8:00 p.m.** Childcare is available.

Participants need to purchase a book for \$5.00*

*If the fee is a hardship, please let the trainer know the first night of class.

